



Release to Tape Record Sessions

Occasionally as a part of our counseling, I will tape record sessions either for my professional use of the session or to review in your later sessions.

In the course of my work, I may use taped sessions for the following reasons:

1. To review material covered in sessions for case notes
2. As a part of counseling with you to recognize patterns of behavior or to learn new skills
3. As a quality control measure to ensure that I am providing you with the best information available
4. To consistently critique my own behavior and information provided in sessions

All of your information remains confidential and the only person listening to your tapes will be me (Dr. Belaire).

Recorded sessions will be deleted within 30 days of use.

At any time, you have the right to refuse or stop taping, which will in no way interfere with the quality of your counseling.

I understand and agree to the terms of confidentiality listed above.

Signature

Date

Signature

Date